

Dr. Renee Korczak Ph.D.  
RDN

Good Gut Family Go-To™



## Become a Good Gut Family™

### SPEAKING

#### Ideal for:

- Scientific conferences and breakout events
- Women's conferences
- Family Health conferences
- Retreats
- Corporate events
- Local Women's groups

#### Popular topics:

- Filling the Fiber Gap - What Every Mother Should Know
- Gut Health 101
- Debunking Common Gut Health Myths - The World of "Biotics"
- How to Train Your Gut for Successful Sports Performance
- Gut Health Across the Lifecycle

### MEDIA

- Television
- Radio
- Podcasts
- Magazines
- Blogs
- Quotes
- Social media
- Food and beverage
- Scientific Advisory
- Freelance writing
- Exclusive recipe content

### ADVISORY

Dr. Korczak offers scientific and technical expertise in the areas of dietary fiber, digestive health, carbohydrates, kids nutrition, sports nutrition and more.



Dr. Korczak delivers exceptional content with passion and enthusiasm. She inspires her audience.

**PEGGY STEELE**

Chief Commercial Officer, VerbBiotics

## EDUCATION

- Ph.D. in Human Nutrition from the University of Minnesota, with research focus on carbohydrates/fiber and digestive health in adults and children
- Registered Dietitian Nutritionist (RDN) - Commission on Dietetic Registration

## PAST/CURRENT PARTNERSHIPS

- Food Network Healthy Eats
- Natural Products Insider
- Talk 107.1 Twin Cities
- Brit + Co Food
- Twin Cities Live
- Kare 11
- OLIPOP
- LOVE CORN

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Renee is such a valuable resource for our community. It was so important for me to have someone who was relatable and could speak to our members in a way that was realistic and approachable. Renee brings her scientific expertise with a healthy dose of reality which I love!

**RACHEL JOHNSON**

Founder, AH.MI Health



**Renee Korczak** Ph.D., RDN

Speaker • Author • Researcher • Consultant

Renee Korczak is an advanced practice registered dietitian with a Ph.D. in Human Nutrition and over 15 years' experience in the nutrition space. With deep expertise in the areas of carbohydrates and gut health, she has been featured on various media channels, has been an invited speaker at conferences in the U.S. and globally, and has published many book chapters and scientific papers.